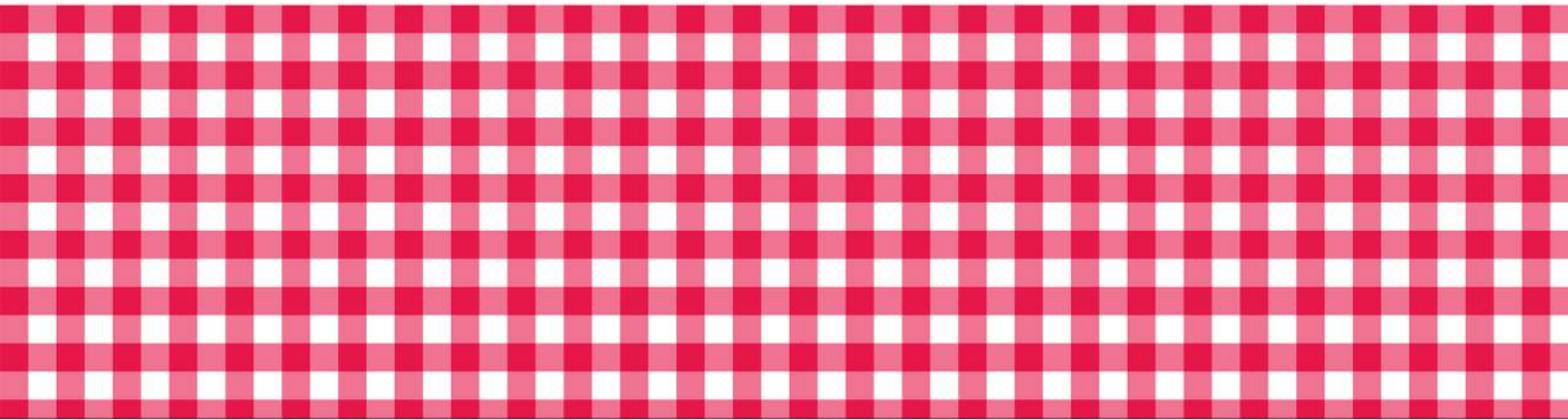




Canning **JOURNAL AND CALENDAR**



inspiration, planning, and taking stock