

what needs to be done

time for myself	appearance/ bedroom	kids dressed/bedrooms	breakfast and kitchen

anything else? pets/carpool/essential chores?

task	time needed
total time needed:	

putting it together



	what order my tasks should be:	what time do i need to wake up?
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4) 10	how will i end my morning routine?
	0	what do the children need to be responsible for?
4	•	what do the children need to be responsible for:

tips for success

* wake up early!	🐉 go to bed early!
finish your routine before doing anything else	🐉 simplify clothing and makeup
₹ delegate where you can	荐 plan ahead: write out lunch and breakfast ideas
4 do what you can the night before	* reward yourself when you stick to it